

Why Are You Losing Your Texas Medicaid or CHIP and can you get it back?

By Beth Boone

After COVID started in 2020, Texas Medicaid and CHIP went into “Continuous Enrollment.” Continuous enrollment allowed those already enrolled in these programs to stay enrolled. Enrollment continued regardless of circumstances. For example, if updated paperwork was requested but not turned in, enrollment would continue. Very few people were disenrolled from these programs during the Public Health Emergency/Continuous Enrollment.

On March 31, 2023, the Public Health Emergency and Continuous Enrollment ended. State Medicaid offices have begun the huge task of looking at everyone enrolled in Medicaid and CHIP to see if they still qualify. Requests for updated information were mailed to those who have been in the program. A yellow envelope with red writing was sent to many. Others may receive those in the next few months.

It is important to fill out the forms and return them to the local Medicaid office or mail them to the State Medicaid office. You can also update your information on the Your Texas Benefits website or with the Your Texas Benefits app. This will give them needed information to make a new decision about eligibility.

What can you do if you lose your Medicaid/CHIP?

1. If you believe you still qualify, you can request an appeal of the decision. The papers you receive will outline the steps you need to take and the number of days you have to appeal.
2. If you believe you don't qualify, you will have a few options:
 - You can see if your workplace has affordable insurance.
 - You can sign up for health insurance through the Health Insurance Marketplace.

Know your options and ask a licensed health insurance agent for help. Using an agent can save you money and time on finding the plan that is right for you and your family.

This article is for information only and should not be considered a recommendation. Talk with a licensed Health Insurance Professional about your specific circumstances. For more information you can contact The Texas Department of Insurance.