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LIFE AND HEALTH INSURANCE SERVICES

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Life and Health Insurance Advisor Winter 2021 Volume 14, Number 4

How to Avoid Challenges to Your Disability Claim



If you file a disability claim with your insurance company and get the feeling you're being followed, you might be right! [Read on for details.](#)

This Just In...

Health Care Costs Spiraling

Historically, health care spending in the United States has risen less than 5 percent annually. However, in 2020 that changed in a big way and experts expect the trend to continue.

[Read on for details.](#)

Planning for Care When You Need It Most



If you are still young, long-term care may not be on your radar. However, long-term care insurance can be a worthwhile investment, especially if your family has a history of needing long-term care. [Read on for details.](#)

Errors to Avoid If You Inherit an IRA



A recent private letter ruling by the Internal Revenue Service (IRS) highlights the possible mistakes a beneficiary can make after they inherit an Individual Retirement Account (IRA). [Read on for details.](#)

Life Insurance for the One Who Makes a House a Home



Even though homemakers may not earn a paycheck, their financial impact on the family is immeasurable. [Read on for details.](#)